



Holy Spirit Community School

www.hsringwoodnth.catholic.edu.au

Holy Spirit
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Phone: 98761103

No 13

Date 20 August 2020

Message from the Principal

20-8-20

Dear parents, friends and Father Arsenio

I would like to express my thanks and gratitude to many people this week. As this period of remote learning continues there are many people working behind the scenes completing unusual tasks. Firstly, I'd like to thank Trish Ryan who has become a hero of onsite supervision. She usually works in the library and she generously offered to anchor the onsite supervision changing her hours and days to do so. Secondly, thank you to Melinda who has ensured we have our most vulnerable students well catered for in the remote learning period. I am also grateful to Lauren who oversees the rest of the supervision roster. All capably assisted by Errin. It is no easy task to balance the needs of staff, students and permitted worker parents and I appreciate their efforts.

One point I would like to reiterate is around work expectations. These are incredibly difficult times for all of us to navigate. The one thing that you as parents can do is adjust the expectations of work completed by your child/ren. There is no issue if you need to do so more often than previously. Simply communicate with your child's teacher so they know and can mark the roll appropriately. The directives from CEM are very clear about minimizing student/parent movements and my OHS responsibilities to staff. I appreciate the effort families are required to make to complete what can be complex home learning. Please talk to your child's teacher to make appropriate adjustments as often as required.

Well done to Lucy Postill one of our school leaders who helped me post the weekly leader's message on Dojo this week. This was no small feat and I think she tackled it well. Thanks for being such a great example of our STAR acronym Lucy.

Finally, thanks to Caeleigh who helped arrange a Yr 6 transition to year 7 night last week. We had over 40 families log in and hear some really useful tips for our students going onto year 7 next year. My thanks to the year 7 coordinators from Sion, Whitefriars and Aquinas who assisted.

Have a great week

Duncan



FOR ALL
EVENTS
AND DATES
PLEASE GO
TO THE
SCHOOL
CALENDAR
Under
current
parents tab

PARISH NEWS

Not much news from the Parish given we are in this our second lockdown. The Church and Chapel remain closed till further notice. With this second lockdown all Parish house staff are now working from home after advice from the Archdiocese. Please find below a reflection from Father.

Fr Arsenio's Reflection:

This is one of the rare occasions when we find Jesus in conversation with a woman who is not only a Gentile and a pagan but belongs to a nation noted for its traditional hostility to the Jewish people. Totally convinced that Jesus can be of assistance in a hopeless situation, the Canaanite woman comes forward, kneels at his feet and asks for her daughter to be cured. The disciples, embarrassed and unable to cope with her cry of desperation, want Jesus to send her away as quickly as possible. Nevertheless Jesus does not regard this as an obstacle. He puts her faith to the test and grants her request because she has shown more trust in him than his own people. This encounter between Christ and the Canaanite woman indicates that God has no favourites and nobody is excluded from his company. His message was not the exclusive property of the Jewish people but the good news to be shared among all peoples and nationalities. His whole mission is to break down barriers and to remove walls of division and prejudice.

This gospel confronts us with our own tendency to cause conflict by promoting exclusiveness. We might be biased against people simply because their political and religious outlook differs from our own. We fail to remember that no seats are reserved in heaven for any particular following. God does not discriminate but welcomes all who believe in him, who ask for his mercy and seek to do his will. In a community of faithful, everyone should be made welcome no matter how they may be dressed or how unattractive they may be. The good news is that everyone can call upon God in their need and receive his mercy because unlike us, he has time for everybody. Be well and stay safe!

Ruth Frangeskakis

Parish Secretary

Holy Spirit Parish

120 Oban Road

Ringwood North Vic 3134

Phone: 9876 3717 or 9876 3077

Work days: Tuesday & Wednesday, 9am-4pm



The latest edition of The Spirit is available now at

http://holyspiritparish.org.au/Portals/3/Documents/Spirit_Extra/spirit_extra_008.pdf

Prayer of the Week

Dear Holy Spirit,

Here is a beautiful prayer link called [Pray As You Go](https://pray-as-you-go.org/).

This is a daily prayer session, designed to go with you wherever you go, to help you pray whenever you find time. Each week day there is a new prayer as well as one for the weekend, which are based on the current week in the Church. There is also music for each day. I hope you enjoy this style of prayer which is based on Ignatian spirituality, which is prayer for everyday life. It insists that God is present in our world and active in our lives.

<https://pray-as-you-go.org/>



The Blessing Project

The Blessing Project is continuing. If you have made a recording please contact Bill or Maree Butler to arrange for it to be picked up. We can use a USB drive to transfer it, or you can upload it to YouTube and send us the link, or email your photo to us at billmaree@optusnet.com.au .



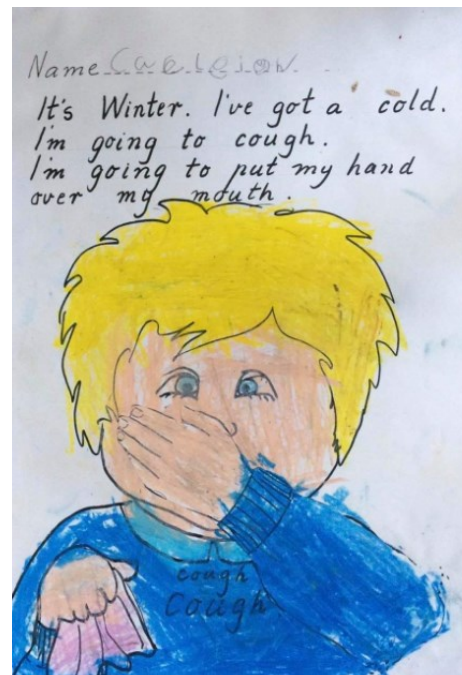
SCHOOL NEWS

Congratulations to our Stars of the Week

Week Four

Harrison Shine, Summer Wootten, Cooper Manners, William Laurence, Evie Bautista, James Coco, Millie Jury, Sebastian Kinski, Logan Ward, Archie Young, Raff Mazzeo, Benjamin Radford, Felicity Cocker, Amy Neilsen, Tyler Harrington, Matilda Baker, Kyla Cronin, Abigail Mattar, Flynn Svrakov, Liana Aloï, Emily Lomen, Ava McRedmond.

Even back in her Holy Spirit student days our very own Caeleigh Osborne was wise beyond her years. Some very useful and current advice right here!



Parent portal password

A new feature has been added to the parent portal.

You are now able to change your password .

How to change password.

Log into parent portal using your family ID – username and password

Once in you will see a new tab CHANGE PASSWORD.

If in the further you forget your password use the FORGET PASSWORD feature on the log in screen

Drop the pretense.
This isn't summer holidays.
This isn't homeschooling.
This is parenting in a pandemic.

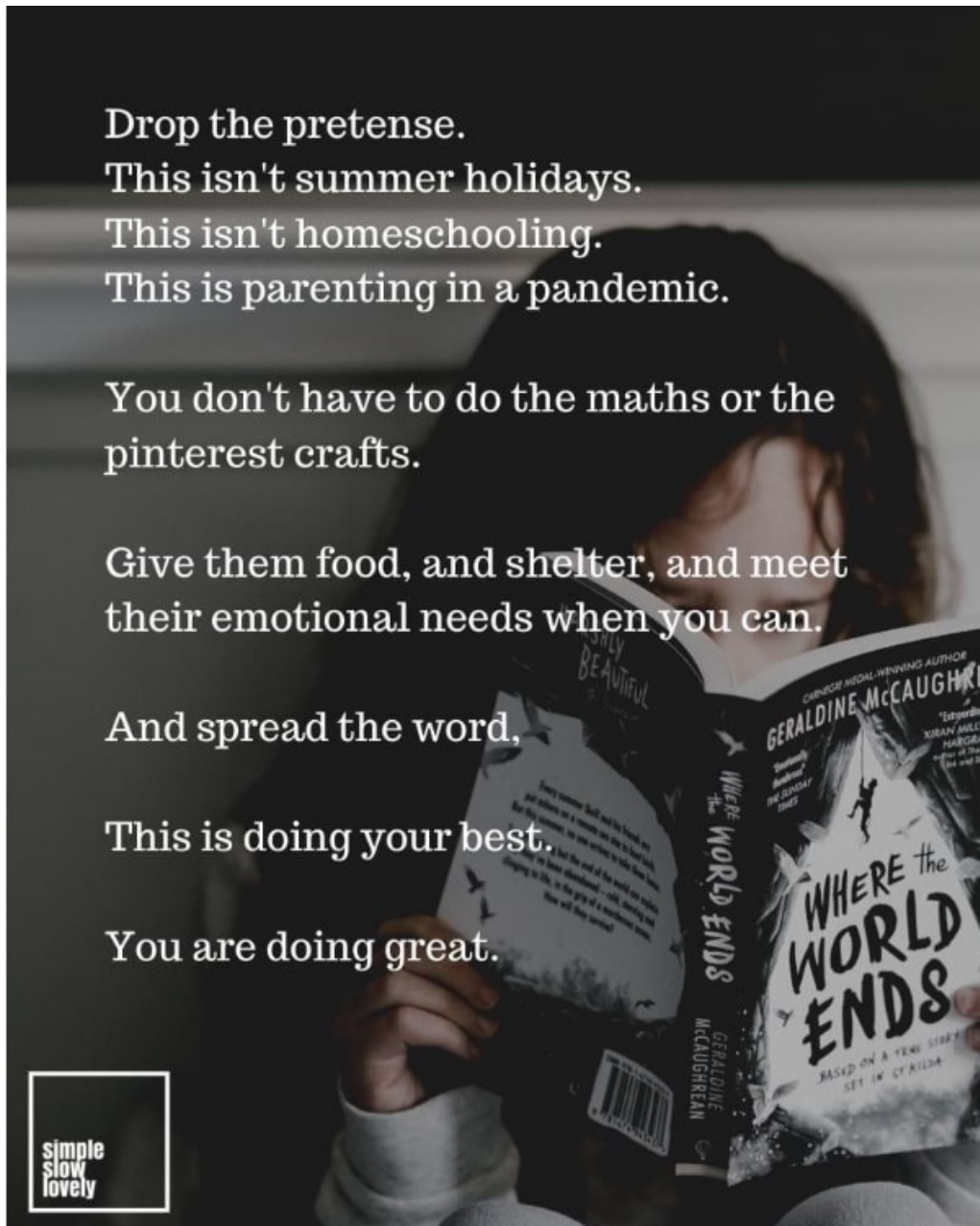
You don't have to do the maths or the
pinterest crafts.

Give them food, and shelter, and meet
their emotional needs when you can.

And spread the word,

This is doing your best.

You are doing great.





WHITEFRIARS
CATHOLIC COLLEGE FOR BOYS



Meet the Principal

Register now for our virtual
Question and Answer session with
Principal Mark Murphy at bit.ly/WFCTour

Applications for Year 7 2022 close October 2020.
To apply, please visit bit.ly/WFCApplication

info@whitefriars.vic.edu.au | 9872 8200



Applications
for
Year 7, 2022,
close
9 October, 2020

Friday 11 September
9.30 - 10.30 am

Visit Our Lady of Sion College in a whole new way and discover how your daughter can embrace life at Sion.

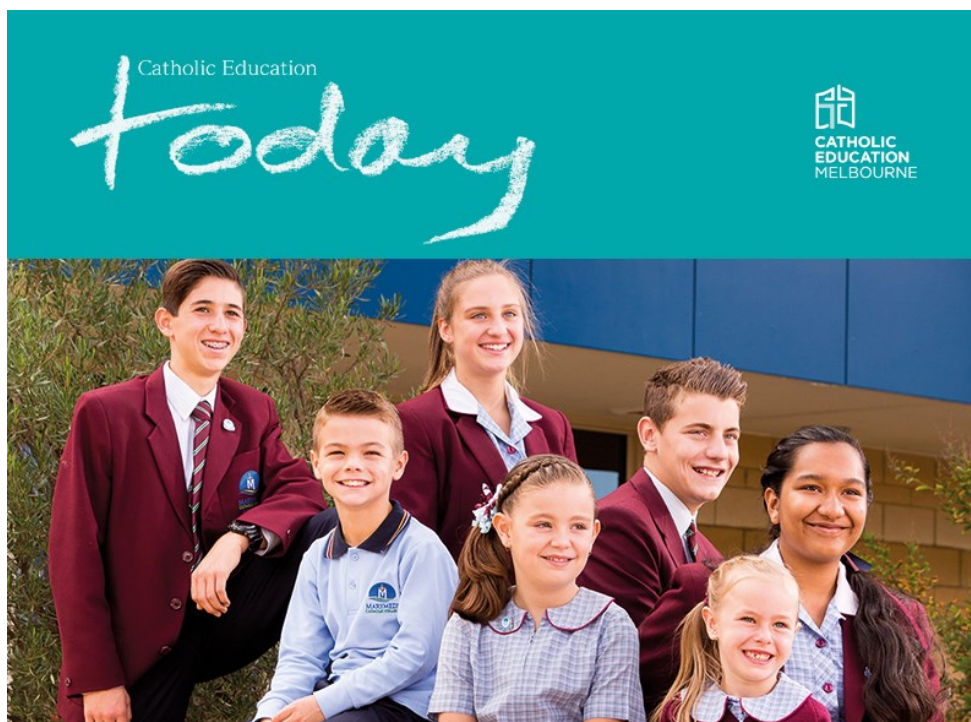
Join us for a live-stream virtual tour of our College via Zoom.

Our Virtual Talk and Tour Mornings will feature a live address by our Principal, Mrs Tina Apostolopoulos, an opportunity to meet the Leadership Team and our student leaders as well as a chance to ask questions.

Visit our website to book.

www.sion.catholic.edu.au

1065 Whitehorse Road, Box Hill | 03 9890 9097



The third edition of *Catholic Education Today* for 2020 is now available on the Catholic Education Melbourne website www.cem.edu.au under *News and Events* / [Catholic Education Today](http://www.cem.edu.au).

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AT HOME, ONLINE PILATES

Hi, I'm Brigid Buyck, Mum of Zach (Grade 4), Gemma (Grade 1) at Holy Spirit & Lachie (Year 7) Aquinas.

I am a qualified Pilates & Aerobics instructor and offering Pilates classes via Zoom during lockdown.

New To Pilates ? Not a problem. I can work with you one-on-one at your own pace & slowly introduce you to this amazing form of exercise that builds strength, flexibility & fitness.

Private Group Zoom Sessions Available: Stay connected & have fun in your own private Zoom session with a select group of friends of two or more.

Want to find out more? Contact me on 0407 262 507 or email: bbuyck@icloud.com



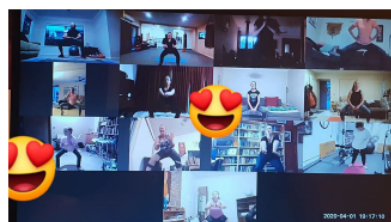
Need a Gym Alternative OR Some Self Care?

Our sessions are suitable for all shapes, sizes, fitness levels + most injuries.
Join anytime!
No contracts or joining fees!

6 WEEK LIVE STREAM TIMETABLE

MONDAY	WEDNESDAY	FRIDAY
BOOTY 12-12:30pm	LIFT 12-12:30pm	Slow Flow Yoga 12:15-12:50pm
Shadow BOXING 6:30-7:15pm	BELLY + BOOTY 6:30-7:15pm	SATURDAY
PILATES 7:30-8:30pm	PiNK TRAINiNG 7:25-8:10pm	PiNK TRAINiNG 8-8:45am
TUESDAY	ROLL + RELEASE 8:15-8:45pm	LiFT 8:55-9:25am
HIIT 6:45-7:15pm	THURSDAY	ROLL + RELEASE 9:30-10:15am
LiFT 7:25-8:10pm	PILATES 7:30-8:30pm	SUNDAY
Yoga for Rockers 7:45-8:45pm		Lush Yin Yoga 4-4:45pm

Session descriptions: bit.ly/pinkseshinfo



Bookings/more info:

Call Lisa 0410 686 819 (Charlie-rose's mum from 1/2 DAB!)
www.authenticwomen.com.au